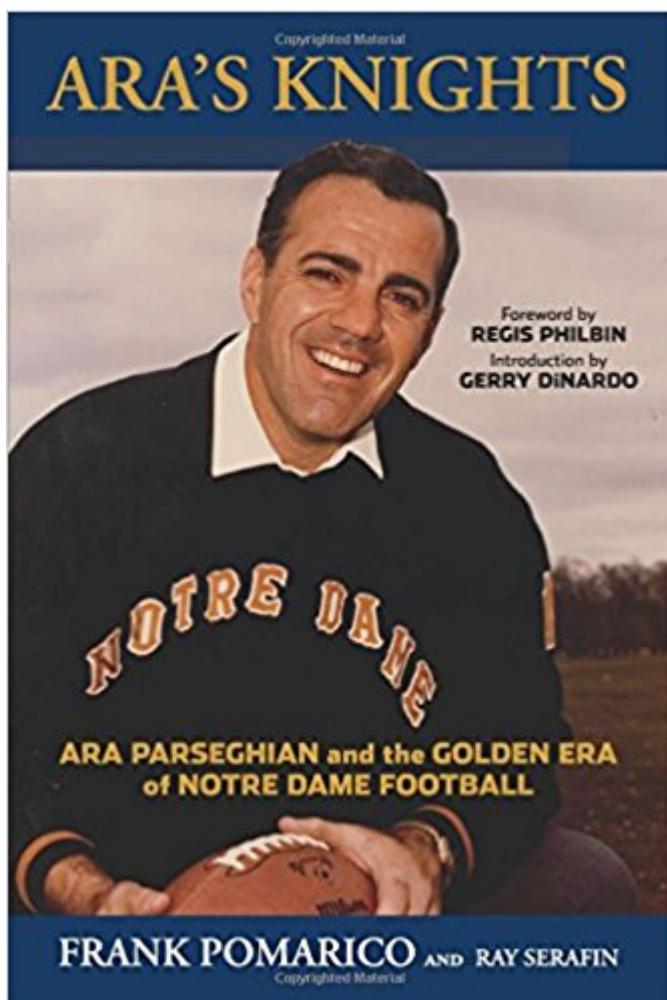


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# Ara's Knights: Ara Parseghian And The Golden Era Of Notre Dame Football



## Synopsis

The ultimate insider's account of a renowned coach and the athletes he inspired. With this memoir, former Notre Dame captain Frank Pomarico shares with readers what it was like to play for legendary coach Ara Parseghian, a leader whose guidance extended beyond the playing field and whose tips still inspire his players. The book culminates with the 1973 Sugar Bowl, the climactic and memorable game between Bear Bryant's undefeated Alabama squad and Ara's undefeated Fighting Irish. Pomarico's story is amplified by interviews with dozens of former players and coaches whose lives were changed by their experience with the coach. Parseghian was one of the most successful college coaches ever, and the young men who played for him learned about much more than just blocking and tackling. Ara's Knights is the ultimate insiders' look at one of the great periods in Notre Dame football history.

## Book Information

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## Customer Reviews

Frank Pomarico was a three-year starter on the offensive line for Notre Dame and a co-captain of the 1973 national championship team. He played four seasons in the Canada Football League with Montreal and Ottawa. He lives in Jackson, Michigan. Ray Serafin is the founder of Serafin Editorial Enterprises LLC and previously worked as a reporter, an editor and a daily columnist for the Daily Tribune in Royal Oak, Michigan. He lives in Detroit. Regis Philbin is a media personality, actor, and singer known for hosting talk and game shows, and is a proud Notre Dame alum. He lives in New York City. Gerry DiNardo is a former offensive lineman at Notre Dame. He became the head coach at LSU and Vanderbilt, and now serves as an analyst for the Big Ten Network. He lives in Chicago.

Frank's book brings back fond memories of the four football seasons I spent at Notre Dame. Hearing his stories and memories as a player and captain provide a back story for my recollections as a student, his classmate in the class of '74, of a wonderful time.

As a Notre Dame fan I really enjoyed the perspective Mr. Pomerico provides of his time in South Bend. This book is more than just about Notre Dame football. It really is full of life lessons and I would encourage anyone who enjoys studying how others achieve success to read this. The motivational ideas inside the book can be applied to all areas of life.

I was there during Frank's time at ND. The book brought back many positive memories as well as reminding me of things that I forgot. I will never forget the 1973 Sugar Bowl. Ara was the greatest coach because he was the best teacher, leader, and person. Thank you to Frank for sharing his story and experience of being one of Ara's Knights in ND's Camelot!

I have read everything ever written about the Era of Ara at Notre Dame. This ranks with the best. Insightful, and inspirational, whether you love or hate Notre Dame. Frank Pomerico's personal journey to Notre Dame, and what he did to take advantage of his opportunity when he arrived on campus, reflect the true spirit of the university and all those who played football for the Irish.

Good book that brought back memories for my husband who played on the 73 Notre Dame Championship team. It was a nice surprise to see a picture in the book of my husband. Easy and enjoyable read.

This book does a nice job in detailing the salad days of the Parseghian era. Good things tend to happen to good people, and this book details what a high character person Ara was. I hope ND can find another Ara someday.

With college football as its backdrop, this book provides a real life story about individual drive, strong friendship and teamwork, with Ara Parseghian's natural and genuine leadership as a unique differentiator.

As an old time college football fan, this was an interesting read. Parseghian was a great coach and

it was nice to read something about him from a former player.

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